

Louis F. Insalaco, MD

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EDUCATION

7/2018-6/2019 **Children's Hospitals and Clinics of Minnesota**, Minneapolis, MN
Fellowship – Pediatric Otolaryngology and Facial Plastic Surgery

6/17/2013-6/23/2018 **Boston University Medical Center**, Boston, MA
Residency – Otolaryngology – Head and Neck Surgery

8/2009-5/2013 **Tufts University School of Medicine**, Boston, MA
M.D. Degree issued 5/19/2013

9/2005-5/2009 **Boston College**, Chestnut Hill, MA
B.S., *summa cum laude*, Biology

EMPLOYMENT EXPERIENCE

10/2026- Present **Physician**
Florida ENT Associates, Inc. North Florida Center for Otolaryngology, Facial Rejuvenation Centre, Saint Augustine, FL

8/2019-7/2026 **Staff Physician**, Department of Otolaryngology, Massachusetts Eye and Ear Infirmary, Suburban Division, Stoneham, MA
Appointment: Instructor in Otolaryngology-Head and Neck Surgery, Part-time, Harvard Medical School

7/2018-6/2019 **Staff Physician**, Department of ENT and Facial Plastic Surgery, Children's Hospitals and Clinics of Minnesota, Minneapolis, MN

6/2004-2012 **Crew Chief**, Gentle Giant Moving Company, Somerville, MA
Responsible for safely completing residential and commercial moves while supervising crews of 2-10 workers

HONORS/AWARDS

2014 Awarded the Resident Leadership Grant by the American Academy of Otolaryngology – Head and Neck Surgery

2013 Charles and Jane Brusch Prize – Awarded by Tufts University School of Medicine upon graduation to one medical student who demonstrated achievement in the art and skill of the doctor/patient relationship and recognizes a high degree of understanding, integrity, and maturity in the care of the patient.

2013 Inducted into Alpha Omega Alpha Honor Medical Society

2011-2012 **Clinical Honors:** Surgery, Medicine, Obstetrics and Gynecology, Pediatrics, Family Medicine, Psychiatry

RESEARCH EXPERIENCE

2006-2008 **Research Assistant**, Hematology/Oncology Department, St. Elizabeth's Medical Center, Brighton, MA
Preceptor: Paul Hesketh, M.D.

PUBLICATIONS AND PRESENTATIONS

2020 **Insalaco LF**, Karp E, Zavala H, Chinnadurai S, Tibesar R, Roby BB. Comparing autologous versus allogenic rib grafting in pediatric cleft rhinoplasty. *International Journal of Pediatric Otorhinolaryngology*. 2020. ePub 138:110264

2020 Orobello NC, **Insalaco LF**, Roby BB. Fourth branchial cleft sinus with foreign material within the thyroid gland. *International Journal of Pediatric Otorhinolaryngology*. 2020. ePub 132:109948

2020 **Insalaco L**. Head and Neck Cancer. Chapter in: Ferri's Clinical Advisor, 2018 Edition. Philadelphia: Mosby; 2018

- 2020 **Insalaco L.** Nasal Polyposis. Chapter in: Ferri's Clinical Advisor, 2018 Edition. Philadelphia: Mosby; 2018
- 2020 **Insalaco L.** Sialoadenitis Chapter in: Ferri's Clinical Advisor, 2018 Edition. Philadelphia: Mosby; 2018
- 2020 **Insalaco L.** Sialolithiasis. Chapter in: Ferri's Clinical Advisor, 2018 Edition. Philadelphia: Mosby; 2018
- 2020 **Insalaco L.** Otosclerosis. Chapter in: Ferri's Clinical Advisor, 2018 Edition. Philadelphia: Mosby; 2018
- 2020 Satpathy RK, **Insalaco L.** Retropharyngeal Abscess. Chapter in: Ferri's Clinical Advisor, 2018 Edition. Philadelphia: Mosby; 2018
- 2020 Zuzek RW, Burt D, **Insalaco L.** Temporomandibular Joint Syndrome. Chapter in: Ferri's Clinical Advisor, 2018 Edition. Philadelphia: Mosby; 2018
- 2019 **Insalaco LF**, Karp E, Zavala H, Chinnadurai S, Tibesar R, Roby BB. Comparing autologous versus allogenic rib grafting in pediatric cleft rhinoplasty. Poster presented at ASPO. Austin. May 2019
- 2018 **Insalaco LF**, Scott AR. Peripartum management of neonatal Pierre Robin sequence. Clinics in Perinatology. 2018; 45(4):717-735
- 2018 Cohen MB, **Insalaco LF**, Tonn CR, Spiegel JH. Patient satisfaction after aesthetic chondrolaryngoplasty. Plastic and Reconstructive Surgery. Global Open. 2018; 6(10):e1877
- 2018 **Insalaco LF**, Spiegel JH. A surgical procedure grid for increased safety and enhanced operating room communication in multisite surgery. *JAMA Facial Plastic Surgery*. 2018; 20(3):185-186
- 2017 Grundfast KM, **Insalaco LF**, Levi J. The Ten Commandments of Management for Acute Upper Airway Obstruction (AUAO) in Infants and Children. *JAMA Otolaryngology – Head and Neck Surgery*. 2017; 143(6): 539-540
- 2017 **Insalaco LF**, Lee AS, Scott AR. Case Report: Osteomyelitis following palatoplasty – A rare complication. *International Journal of Pediatric Otorhinolaryngology*. 2017; 94:52-53
- 2017 **Insalaco L**, Rashes ER, Rubin SJ, Spiegel JH. Association of lateral crural overlay technique with the strength of the lower lateral cartilages. *JAMA Facial Plastic Surgery*. 2017; 19(6): 510-515
- 2017 **Insalaco L**, Spiegel JH. Safety of simultaneous lip lift and open rhinoplasty. *JAMA Facial Plastic Surgery*. 2017; 19(2):160-161
- 2016 **Insalaco L.** The Tale of the Stridulous Child. Oral presentation at the regional Scary Cases Conference. October 28, 2016. Waltham, MA
- 2016 **Insalaco L**, Spiegel JH. Safety of simultaneous lip lift and open rhinoplasty. Oral Presentation. AAFPRS at COSM. Chicago. May 2016
- 2016 **Insalaco L**, Saxon S, Spiegel JH. Triological Society Best Practice: What is the Role of intralesional corticosteroid injections for keloids before considering surgery? *Laryngoscope*. 2016 Mar;126(3):549-50
- 2016 **Insalaco L.** Management of Carotid Blowout Syndrome. Oral presentation at New England Otolaryngologic Society. April 1, 2016. Boston, MA
- 2015 Kleinberger A, Jumaily J, **Insalaco L**, Spiegel J. Safety of a modified coronal approach to the upper craniofacial skeleton with dissection deep to the temporalis fascia for preservation of the frontal branch of the facial nerve. Poster presented at: 118th Annual Meeting at COSM; 2015 Apr; Boston, MA
- 2012 Chung V, **Insalaco L**, Whang T, Lee A. Unusually aggressive squamous cell carcinoma of the scalp. Poster presented at: American Academy of Otolaryngology - Head and Neck Surgery Foundation Annual Meeting; 2012 Sep; Washington, D.C., DC.
- 2012 Lussenden R, Nepomnayshy D, Sillin L, **Insalaco L**, Brams D. Improved spousal relationships after bariatric surgery Poster session presented at: XIII World Congress of Endoscopic Surgery; 2012 Apr 23-27; Puerto Vallarta, Mexico

- 2012 Lussenden R, Nepomnayshy D, Sillin L, **Insalaco L**, Brams D. Children are healthier after parents' weight-loss surgery. Poster session presented at: XIII World Congress of Endoscopic Surgery; 2012 Apr 23-27; Puerto Vallarta, Mexico
- 2008 Hesketh PJ, Sanz-Altamira P, Bushey J, Malek K, **Insalaco L**, Hesketh AM. Prospective evaluation of the incidence of delayed nausea and vomiting in patients with colorectal cancer receiving oxaliplatin-based chemotherapy. *Journal of Clinical Oncology*. 2008;26 (15): 9645

VOLUNTEER EXPERIENCE

2005-2006 **Medical Volunteer**, Emergency Department, St. Elizabeth's Medical Center, Brighton, MA

INTERESTS

Family, Cooking, Fishing, Home and Automotive Repair, Boating, Weight Lifting